



LINCOLN CARDINAL YOUTH FOOTBALL CAMP
Grades 4th thru 8th

Date: **July 20th – July 23th**, Monday thru Thursday (no camp on Friday)
Time: **5:30 – 7:30pm**
Location: Lincoln High School, Mike Walsh Field
Cost: \$75 payable to “Cardinal Football”
Questions: Adam Grimes 503-329-3188 or email John Colasurdo nsurdo@comcast.net

This conditioning and strengthening camp is to prepare the athlete for the 2009 football season. Lincoln High School Coaches and Players will instruct all elements of the game as well as skill positions. No pads or uniforms required. Cleats are helpful. You will not find a better experience to prepare your player for the upcoming football season.

This form is for students entering 4th thru 8th grades.
HIGH SCHOOL PLAYERS HAVE A DIFFERENT FORM

Detach and return before July 1st
Cardinal Football Camp
Pam Cavagnaro
4015 NW DeVoto Lane
Portland, OR 97229

Player Name _____ Fall Grade _____
Address _____ Phone # _____
Parent _____ Emergency # _____
Parent Email _____
Medical Insurance _____ Policy # _____

Free T-shirt will be given to players.

T-shirt size: ___ Adult Small ___ Adult Medium ___ Adult Large ___ XL ___ XXL

Parent’s Release for Medical Treatment

I hereby authorize my child’s participation in the Cardinal Football Camp. I know of no mental or physical problems that may affect my child’s ability to safely participate in this camp. I hereby authorize the staff of the Cardinal Football Camp to act in my absence in case of illness or injury involving my child. Neither my child nor I hold Cardinal Football Camp, its staff, or Portland Public Schools liable for any injuries, illness or expenses incurred as a result of participation in this camp.

Parent/Guardian Signature

Date

